

CERTIFICATE

OF PARTICIPATION

This is to certify that

Francois Jooste

Has successfully participated & completed the

5 km Heritage Day Trail Run

held at De Grendel Wine Estate.

TIME 00:40:19

PACE 08:03/km

OVERALL 42 of 169

GENDER 23 of 63

40 - 49 5 of 12

24 September 2023, Sun

Date



